The Holy Righteous Martyr
Eudocia the Samaritan

March 1

Apolytikion

Intonation: #25
Plagal Fourth Mode

Allegro

\[ \text{In thee the image was preserved with exactness,} \]

\[ \text{O} \quad \text{Mother; for taking up thy cross, thou didst} \]

\[ \text{follow Christ, and by thy deeds thou didst teach us to o-} \]

\[ \text{ver-look the flesh, for it pass-eth a-way, but} \]

\[ \text{Ἐν σοὶ Μήτερ ἁγίους} \]

\[ \text{www.stanthonyssmonastery.org/music/Menaion.htm} \]

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Quality in psalmody and prayer consists in praying with the spirit and the nous.
One prays with the spirit only when, as he prays and chants,
he is attentive to the content of the holy writings,
and thus raises his heart to divine thoughts.

- Nikitas Stithatos